



SANBORN REGIONAL HIGH SCHOOL

# POINTS OF P.R.I.D.E.

*A newsletter that promotes our core values of*

***P**ersonalization, **R**isk-Taking, **I**ntegrity, **D**iscovery, and **E**mpowerment*

April 9th, 2023

## Sanborn Regional High School

17 Danville Road, Kingston, New Hampshire 03848

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[www.sau17.org](http://www.sau17.org)

*Proud recipient of the 2018 NH Excellence  
in Education Award*



### Important Upcoming Dates:

#### Monday, April 10th:

**Honor Society Inductions** - This event is by invitation only.

#### Wednesday, April 12th:

**YRBS Survey** - Read below for details

#### Wednesday, April 19th:

**Trade Expo**

#### Thursday, April 20th:

**Lynn Lyons Presentation** @6:30pm in the auditorium. See details below.

#### Friday, April 21st:

**Professional Development Day** - No School

#### Monday, April 24th - Friday, April 28th:

**Spring Vacation!** No School

**Lynn Lyons, a nationally recognized speaker regarding anxiety in children and adolescents, is coming to Sanborn on April 20th. [CLICK HERE](#) for the details on the community presentation.**

**Please [CLICK HERE](#) to view the end of year events calendar. The calendar is a live document.**

**Parents/Guardians: [CLICK HERE](#) for the 603 Bright Futures Survey**

## A Message from Administration:

Greetings Sanborn Community,  
Spring is in full swing here at Sanborn. Students have been busy with all kinds of activities and projects. Athletics are going strong and the weather this week is looking to be fabulous. The YRBS survey will be administered this week as Q4 begins - the last quarter of the school year. Spring break will be here before long! If you have not already done so, take a look at the end of year calendar of events posted above.

Yours Always,  
Jennifer Michitson, Dr. Robert Dawson, Nichole O'Brien, Heidi Leavitt, and Timothy Westphal

				
<b>Jennifer Michitson</b> Principal	<b>Dr. Robert Dawson</b> Assistant Principal Athletic Director	<b>Nichole O'Brien</b> Assistant Principal Curriculum	<b>Heidi Leavitt</b> Counseling Director	<b>Timothy Westphal</b> Assistant Principal

## Athletic Update:

**14 Seniors Recognized as Scholar Athletes:** This past Tuesday, 14 Sanborn student-athletes were recognized by the NH Interscholastic Athletic Association and the NH Athletic Directors Association. These "Scholar Athletes" all have maintained a B+ average while participating in at least two sports during their senior year.

A huge shout out to (L-R), Kyle Brown, Brady Ash, Rex Sullivan, Abbie Lucas, Erica Smith, Kate Lussier, Emma Soares, Hannah Mullen, Olivia Dwyer, James Thompson, Will Flaherty, JJ Defeo, Matt Marin.



***We are fully underway!*** Our teams are all in action this week. Look here for the overall schedule: [Spring Combined Schedule](#)

## **Week of April 3-8:**

### **Monday, April 10:**

Boys Tennis @ Prospect Mt., 4:00

### **Tuesday, April 11:**

Track @ Conant, 4:00

### **Wednesday, April 12:**

Boys Tennis @ St. Thomas, 4:00

Girls Tennis @ Kearsarge, 4:00

Var Baseball @ St. Thomas, 4:00

JV Baseball home v St. Thomas, 4:00

Var Softball @ Campbell, 4:00

### **Thursday, April 13:**

Girls Tennis @ Prospect Mt., 4:00

### **Friday, April 14:**

Boys Tennis @ Monadnock, 4:00

Girls Tennis home v St. Thomas, 4:00

Var Base/Softball @ Con-Val, 4:00

JV Base/Softball home v Con-Val, 4:00

### **Saturday, April 15:**

Track @ Pelham Invite, 10:00 am



**Clothing Drive**

April 17th @home  
Varsity Baseball 5pm  
Varsity Softball 5pm

Collection Bin Will Be By the Concession Stand

<b>Tiffany's Closet</b>	<b>Planet Aid</b>
<ul style="list-style-type: none"><li>• Shoes</li><li>• Bedding</li><li>• Old Sport gear</li></ul>	<ul style="list-style-type: none"><li>• Clothes</li><li>• Shoes</li><li>• Coats</li></ul>

Tiffany's Closet was created in the memory of former Sanborn Student, Tiffany Borowy.

All donations go to developing countries.

## **Club, Organization, and Classroom Happenings**

### **Class of 2023 Fundraiser:**



**SRHS**  
**Class of 2023**

**SEA DOG FUNDRAISER**

May 4th 2023  
Come in for lunch or dinner from 4-9!  
No code needed!

**EXETER LOCATION ONLY**

PROCEEDS GO TO THE SENIOR CLASS

The class of 2023 is hosting a fundraiser on May 4th at Sea Dog in Exeter. Stop by and grab a bite from 4pm-9pm.

### **New Sanborn Swag from The Spot:**

Check out our Catalog featuring some of the gear you can purchase from our Spring Collection. All these items and more are available for purchase online NOW! [Click here](#) to shop

Hurry, before the store closes April 17th. Check out our [online catalog](#).



**the SPOT** SPRING COLLECTION  
Sanborn Gear, Snacks and More

## NH Youth Voices Leadership Forum Visits Sanborn

On April 12th, our school is taking part in a workshop that will be used to allow kids to tell us who they are and what's important to them in their own words, not just what we think is going on. This is a grant-funded effort, overseen by the Governor's Youth Advisory Council, whose goal is to promote student voices, thoughts and perspectives of middle and high school students.

The Governor's Youth Advisory Council created this opportunity because "we hope to shine a spotlight on youth around NH who are promoting healthy habits and exemplifying a positive leadership role."



## Fun, French, Francophone Event:



This past month, Sanborn's French classes participated in the musical equivalent of March Madness called Manie Musicale. Students previewed the songs and filled out their individual brackets before the official voting began. Two French teachers from Maine created this activity, and it has grown to all 50 states, all of the Canadian provinces, and 23 countries around the world, so we were in good company! Ms. Ryan was a huge help with printing the first round sheets which have QR codes that take kids directly to the songs. Kids in all classes helped with bracket decorations and posters about the songs and artists.

They eagerly awaited the reveal videos and cheered on their favorites. It is always interesting to see what songs kids will connect to, and this playlist did not disappoint. Vive Manie Musicale!

## Sanborn Raises Over \$1000 for the Jimmy fund!

With the help and support of Mrs. Boisvert, Sanborn raised over \$1000 on the Red Sox opening day to donate to the Jimmy Fund. Students and staff wore their Red Sox swag and came together to rally against cancer.



## Prom Guideline Reminder:

The prom, an event organized by the junior class each spring (Friday, May 12th, 2023), is open to all Sanborn Regional High School "good standing" junior and senior students. In order to be considered in "good standing" junior and senior students need to be passing all courses for the year/semester by the **end of quarter 3 (April 7th, 2023)**. Should a student find themselves not in "good standing" at the end of quarter 3, they will be notified that they are not eligible to attend the prom.

However, students who demonstrate a passing grade at any time after the end of quarter 3, but **no later than Friday, May 5th, 2023, will be eligible to attend with administrative approval.**

Any junior or senior who meets the eligibility requirements may purchase a prom ticket within the sales window. Once a ticket is purchased, it is non-refundable. If a student is not going to be able to use their ticket and they want to arrange for another student to purchase their ticket from them, it must be cleared first by the junior class advisors. The last day to make a name change to a ticket is one week before prom and at that point, all tickets are non-transferable and non-refundable, no exceptions. The procedure when selling prom tickets is for the junior class prom committee to record all students via ticket number. This list is considered the "guest list" for prom. **ONLY** those listed on the guest list will be allowed into prom.

A host student may sponsor only one guest who does not attend Sanborn that meets the eligibility

requirements. The host student is responsible for the proper behavior of his/her guest. Guests must be registered with all proper documentation prior to the dance.

### **Prom Attendance Requirement:**

The prom will be on Friday, May 12th, 2023, and in order to attend the prom students must attend school that day. Students will need to attend the equivalent of 1/2 of their scheduled courses (including online lab, pass class, SST, NECC, internships...) in order to attend the prom.

All guests must be under the age of 21 on the date of the dance. Students may be required to show their identification card before they will be granted admittance.

The hours for the prom will be from 6:30 P.M. to no later than 11:00 P.M. No student will be admitted to the prom after 8:00 P.M. Any student who leaves the prom early will not be permitted back into the prom. All school rules will apply during dances.

The Prom Guidelines and Attendance Requirements were taken directly from the SRHS Student Handbook which can be found by clicking [HERE](#).

### **2022-2023 Youth Risk Behavior Survey Information for Parents**

Our school is taking part in the 2023 Youth Risk Behavior Survey (YRBS) sponsored by the New Hampshire Departments of Education and Department of Health and Human Services. The survey will ask about the health behaviors of 9th through 12th grade students. The survey will ask about nutrition, physical activity, injuries, and tobacco, alcohol, and other drug use. It will also ask about sexual behaviors that could lead to pregnancy and sexually transmitted infections, including HIV.

The data the district receives is invaluable to us as a community. It informs decisions on how we educate our students about their wellness, and creates supportive elements within the school to ensure that student safety and health concerns are being met and adjusted to those needs. By taking part in this survey, the district is made eligible for grant money to support the Mental Health needs of our students.

Doing this survey will cause little or no risk to your child. The only potential risk is that some students might find certain questions to be sensitive. The survey has been designed to protect your child's privacy. Students will not put their names on the survey.

Also, no school or student will ever be mentioned by name in a report of the results. For the survey results to be accurate, it is important that all students, regardless of whether they have engaged in health risk behaviors, are given an opportunity to participate in the survey, but **the survey is voluntary**. No action will be taken against the school, you, or your child if your child does not take the survey. Students may skip any questions they do not wish to answer. In addition, students may stop taking the survey at any point without penalty.

We have posted the 2023 NH YRBS Questionnaire [here](#), as well on the Counseling website.

Here are some fact sheets to parents:

[Parent Engagement: For Parents and Families](#)

[Teen Health Services and One-On-One Time with A Healthcare Provider: An Infobrief for Parents](#)

[Ways to Influence Your Teen's Sexual Risk Behavior: What Fathers Can Do](#)

[Monitoring Your Teen's Activities: What Parents and Families Should Know](#)

[Talking with Your Teens about Sex: Going Beyond "the Talk"](#)

The **Parental Opt-Out Form 2023** is here for you if your family does not wish to have your student participate.

Please reach out to your student's school counselor if you have any questions or concerns.

Counselor email	Students Assigned By Last Name
<a href="#"><u>Jennifer Brett</u></a>	A-F
<a href="#"><u>Jenna Grossman</u></a>	G-M
<a href="#"><u>Julie Conrow</u></a>	N-Z

**Earth Day Week Activities:**

The Sustainability Club, Key Club, and other organizations are hosting activities for Earth Week. **CLICK HERE** to see details.

<b>Additional Information and Links</b>				
<a href="#"><u>SRHS Yearbook Information</u></a>	<a href="#"><u>School Counseling Update</u></a>	<a href="#"><u>Student Assistance Program</u></a>	<a href="#"><u>School Nurse Updates for April</u></a>	<a href="#"><u>SoRock Updates for April</u></a>
<a href="#"><u>Special Olympics of New Hampshire</u></a>	<a href="#"><u>PreSchool Lottery Announcement</u></a>	<a href="#"><u>Summer Camp Information</u></a>	<a href="#"><u>Outside Organization and Booster Activities</u></a>	<a href="#"><u>Community Sport Sign Up Information</u></a>
<a href="#"><u>Seacoast School of Technology Information and Events</u></a>	<a href="#"><u>Parenting Support Group</u></a>	<a href="#"><u>Student Job Opportunities</u></a>	<a href="#"><u>Exeter Adult Ed Information</u></a>	<a href="#"><u>PTO Announcements</u></a>
<a href="#"><u>Sanborn Seminary Trustees</u></a>	<a href="#"><u>Monthly Scholarship Newsletter</u></a>	<a href="#"><u>Lynn Lyons Presentation Information</u></a>	<a href="#"><u>2022-2023 SRHS Calendar of Events</u></a>	<a href="#"><u>Student Group Fundraising Information</u></a>
<b><u>CLICK HERE to view the SRHS Daily Announcements</u></b>				
<b><u>Visit our Website</u></b>				



# Class of 2023 Senior Spotlights

## Meet Moth Hopkins

**Best Memory:** I found half a toilet seat in a toilet in the upstairs bathroom in freshman year

**Accomplishments:** SST culinary 1 year, SST Digital Media Arts 1 year

**Traits that describe Moth:** Shy, Kind, Caring, weird

**Favorite Teacher(s):** Mrs. Healy Mrs. Mainz  
Mr. Hatzimanolis

**What the staff have to say about Moth:**

Moth is a kind, unique, and adorable young woman who, when determined, can accomplish anything. Although traditional school wasn't her favorite, she has found HUGE success at SST in the field of digital media, accomplishing good grades the entire time she attended. I will miss Moth's style and her sass. She has definitely left a legacy at Sanborn. ~Mrs. Healey

Mrs. Brown-Moth has grown so much in the last year. I'm very proud of her, and look forward to seeing her accomplishments after she finishes school.



## Meet Ben Tomany



**Best Memory:** It has not happened yet but it will be graduating.

**Extracurricular Activities:** Men's Tennis

**Traits that describe Ben:** Cool

**Favorite Teacher(s):** Mrs. Swist Mr. Cass Mr. Kelly

**What the staff have to say about Ben:**

Ben is a funny and kind young man. His doodles are amazing! I cannot wait to see how his art develops as he grows outside of SRHS. –Swist

Ben is chill. Ben is funny. Ben is Art. Ben is Ben. Ben is GOOD! ~Mr. Croteau

Ben is one of a kind. I will miss his continuous outpouring of art and quiet thoughtfulness. Keep letting your creativity flow! -- Cass

Ben is a funny kid! He is so laid back and fun. His art is amazing. Best of luck, Ben! Mrs Trudeau

## Meet Casey Perry



**Best Memory:** Junior year spring carnival

**Extracurricular Activities:** Track and roaming the halls

**Accomplishments:** Junior and freshman year honors

**Traits that describe Casey:** Tall funny talkative

**Favorite Teacher(s):** Mr Kelley, Mr White, Mrs Alley

**What the staff have to say about Casey:**

Casey cracks me up. Under that goofy exterior and flowing locks, he is an intelligent young man with much to offer. -- Cass

Casey tries to be a slacker, but he's too talented to pull it off. Sorry Casey for blowing your cover. He

has never disappointed when I ask him to help with a project and he usually makes me smile while he's at it. I can't wait to see him on the dance floor at Prom this year. All my best Casey.

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## Meet Sydney Griffin

**Best Memory:** Prom

**Extracurricular Activities:** SST automotive

**Accomplishments:** collision repair job shadow

**Traits that describe Sydney:** Friendly, always willing to try something new, kind

**Favorite Teacher(s):** Mr.Kelly, Mrs.Grella

**What the staff have to say about Sydney:**

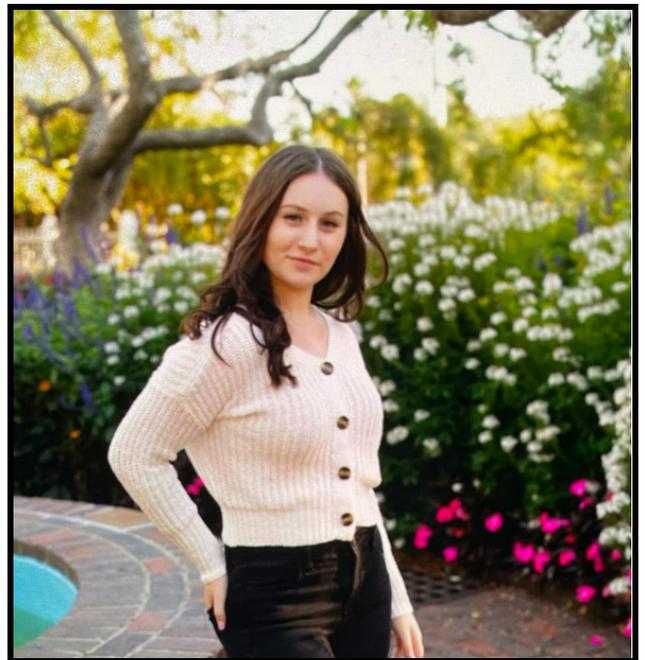
Sydney is a sweetheart! She is always polite and kind.

She asks good questions and is fun to be around!

J Kelly Syd is a lot of fun to have in class. Mature, responsible, friendly I rely on her for a lot. And she never disappoints. She has plotted out a career path in the Automotive trades and she has the discipline and talents to make it happen. Good luck Syd, we will miss you.

Mme Hambucken: Sydney is an upbeat, quiet student, but she is also funny and witty. I wish you all of the best!

SMcDonough - Sydney is a joy to have in class. I find she is very sensible and always on task.



# Meet Peter DuBois

**Best Memory:** Winter Carnival



**Extracurricular Activities:** Baseball, Football

**Accomplishments:** I got a gold glove award for baseball my sophomore year.

**Traits that describe Peter:** Quiet,

**Favorite Teacher(s):** Mr. Kelly

**What the staff have to say about Peter:**

Peter is a kind, thoughtful, independent young man who I can see growing up into a real gentleman. It has been a pleasure having him in advisory, and I wish him the best as he goes on to serve our country. -- Cass

J Kelly Pete is the kind of young man who makes you proud to work at Sanborn. Smart, athletic, responsible and dedicated, he gives 100% once he decides to commit. He has a great friend group and a great sense of humor. The Marines are looking for a few good men: One is coming in Peter Dubois.

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# Meet Austin Bell

**Best Memory:** An obscure field trip with a small group of students that ended up with us getting McDonalds

**Extracurricular Activities:** Student Council

**Accomplishments:** 4 Year Treasurer and Class Clown

**Traits that describe Austin:** Funny, dependable, argumentative, loyal, and penurious

**Favorite Teacher(s):** Mr. Kelly, Jim (Enright), Dr. Conant, Dr. Young, Dunny, and Mrs. Belcher

**What the staff have to say about Austin:**

Dr. Conant: Austin was a pleasure to have in class. He has a wealth of information running around in his brain and I really enjoyed it when he challenged my knowledge. I wish you all the best. I can't imagine the Class of 2023 without Austin Bell. Class treasurer for 4 years, a job which he performed exceptionally well. The ringleader of a spectacular friend group. Empathetic, dependable, smart, it's all there with Austin. Many times Austin approached me quietly about a classmate who was having difficulties and it made a positive impact. I have relied on Austin tremendously over the past 4 years and I will miss him. But Austin is wired for success and it is time for him to get moving on it. Good luck Austin. -JKelly

